

## The place for drug + alcohol information yourroom.health.nsw.gov.au

## A - Z of drugs

- Download and order fact sheets
- Find help and support
- · Info for parents
- · Info for Aboriginal people



## Interactive tools

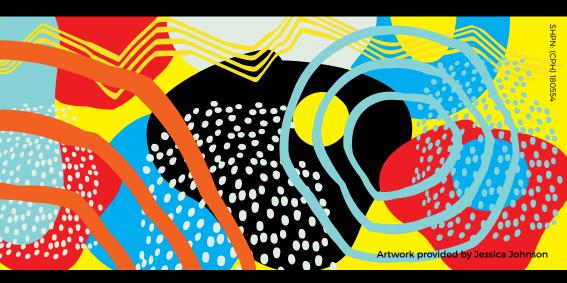
- Test your knowledge
- · Alcohol risk assessment
- Standard drink pouring



To talk to someone call the Alcohol & Drug Information Service (ADIS), a free 24 hour, 7 days a week helpline 1800 250 015



## How does yarndi affect your brain?



To find the answer, more information on drugs and alcohol and where to get support go to: yourroom.health.nsw.gov.au